

Your Name  
Your Address  
Your City, State Zip Code  
\_\_\_\_\_, 20\_\_

Debt Collector  
Address  
City, State Zip Code

Re: Your Name.  
Acct. Information  
Notice to Cease & Desist

To Whom It May Concern:

Pursuant to the Federal Fair Debt Collection Practices Act (15 USC 1692c), you are hereby notified to immediately cease communications concerning the collection of the debt associated with the above-referenced account. This notice shall include, but is not limited to written correspondence, as well as telephonic communication. You should understand also that my income is federally exempt social security/pension.

In the event that you fail to honor my request, please be advised that a written log of all contacts made by your company will be recorded. Furthermore, failure to honor this request could subject your company to liability under Federal law.

If you or any other agent of your company attempts to contact me further regarding this debt, a formal complaint will be filed with the the Federal Trade Commission.

Thank you for your attention regarding this matter.

Sincerely,

Your Signature

Your Name (Typed)